



CURRICULUM VITAE

Alcorcón, November 7th 2025

NAME (family, first): ABALO DELGADO, Raquel
NATIONALITY: Spanish

CURRENT ADDRESS:

Area of Pharmacology and Nutrition, Dept. of Basic Health Sciences. Fac. of Health Sciences, Universidad Rey Juan Carlos (URJC), 28922 Alcorcón, Madrid (SPAIN).

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ACADEMIC EDUCATION:

- June 1995: Bachelor in Biological Sciences, Universidad Complutense (Madrid)
- July 2000: PhD in Biological Sciences, Universidad Complutense (Madrid)
- September 2010-June 2014: 3 first courses of the Degree in Medicine, URJC (Madrid)

LANGUAGES:

- Spanish: mother tongue
- English: proficient
- Italian: proficient
- German: basic

SCHOLARSHIPS:

- 1994, Collaboration Scholarship from Ministerio de Educación y Ciencia. Spain.
- 1996-99, Predoctoral Scholarship from Ministerio de Educación y Ciencia. Spain.

POSITIONS:

- 2000-2001: Profesora Ayudante, URJC (Madrid)
- 2002-2004: Profesora Asociada, URJC (Madrid)
- 2004-2011: Profesora Contratada Doctora, URJC (Madrid)
- 2011-2017: Profesora Titular de Farmacología (Associate Professor of Pharmacology), URJC (Madrid)
- December 2017- : Full Professor of Pharmacology, URJC (Madrid)
- 2018-2023: Functional Coordinator of the Area of Pharmacology and Nutrition, Dept. of Basic Health Sciences, Fac. Health Sciences, URJC (Madrid)
- 2020-: Coordinator of the High-Performance Research Group on Physiopathology and Pharmacology of the Digestive System (NeuGut-URJC).
- October 2021-: Coordinator of the PhD Program of Health Sciences, URJC (Madrid)

RESEARCH EXPERIENCE (summary, 7-1-25):

- **WOS:** H index 28; 2957 cites (2474 without autocites); 427,6 cites/year in the last 5 years (2020-24)
- **Google Scholar:** H index 35; i10 index 68; 4400 cites, 660,2 cites/year in the last 5 years (2020-24)
- According to **Expertscape**, among the top 0.19% of Experts in Pain, position 18 of the Spanish experts in this topic (<https://expertscape.com/au/pain/Abalo%2C+R>).
- **4 research periods (sexenios):** last one, 2017-2022.

RESEARCH AT FOREIGN CENTRES:

- 1/6/96-21/6/96: Honorary Research Student at Dr Lees' laboratory, Department of Biomedical Sciences, Marischal College, Aberdeen (UK). "Intracellular recording from myenteric neurones". Grant from Ministerio de Educación y Ciencia (Spain) and British Council (Madrid, Spain).
- Dr Costa and Brookes' Laboratory, Dept. of Human Physiology, Faculty of Medicine, Flinders University of South Australia (Adelaide, Australia):
 - 10/9/98-2/12/98: "Intracellular recording from myenteric neurones"
 - 27/5/99-18/8/99: "Intracellular recording from myenteric neurones, functional correlation with peristalsis"
 - 26/5/03-22/8/03: "Anterograde labelling of extrinsic afferents specialised in perception of tension and pain in the rat and mouse large intestines"
 - 1/7/13-13/9/13: "Analysis of the rat intestinal motility patterns using spatio-temporal maps"
 - 1/7/17-30/9/17: "Analysis of the rat intestinal motility patterns using spatio-temporal maps" (CONTINUATION)

PROJECTS:

Participation in more than 30 research projects and 16 contracts (responsible for the research line in Physiopathology and Pharmacology of the Digestive System in all of them).

Recent research projects and contracts:

- *Chemotherapy-induced brain-gut axis disorders: in search of a solution based on mesenchymal stem cells (MSC4ChemoBGA).* "BRIDGE" Project at URJC. January-December 2025. PI: **Raquel Abalo**, José A. Uranga.
- *New strategies for colorectal cancer treatment base don extracellular vesicles from mesenchymal stem cells (NEVECAN).* Project "IMPULSO" to Young PhD research at URJC. January December 2025. PI: Lorena Ortega Moreno & Laura López Gómez.
- *New beverages of coffee byproducts for an optimal health of the brain-gut axis.* Ministry of Science and Universities (PID2019-111510RB-I00). June 2020-May 2024. PI: Mª Dolores del Castillo Bilbao, **Raquel Abalo**.
- *Can gestational stress cause irritable bowel síndrome in the offspring? Preclinical study.* Project "IMPULSO" to Young PhD research at URJC. January 2023-December 2023. PI: Gema Vera Pasamontes.
- *Alterations of colonic motility associated with antitumoral chemotherapy. Neurotoxicity and role of the endogenous cannabinoid system.* Grant by the Spanish Association of Gastroenterology. June 2021-December 2023. PI: **Raquel Abalo**.
- *Machine Learning on Single Cell Multi-omics to relate COVID-19, Aging and Cardiopathies: Mechanisms and Validation of Preclinical Model (SC-LEARNING-CM).* REACT-CAM-EU. URJC. Line Infrastructures. January 2020-Decembere 2022. PI: Sergio Muñoz Romero, José Luis Rojo Álvarez.
- *Machine Learning on Single Cell Multi-omics to relate COVID-19, Aging and Cardiopathies: Mechanisms and Validation of Preclinical Model (SC-LEARNING-CM).* REACT-CAM-EU. URJC. Line R+D Projects. January 2020-December 2022. PI: Sergio Muñoz Romero, José Luis Rojo Álvarez.

Principal investigator of the following research projects:

- *Chemotherapy-induced brain-gut axis disorders: in search of a solution based on mesenchymal stem cells (MSC4ChemoBGA).* "BRIDGE" Project at URJC. January-December 2025. PI: **Raquel Abalo**, José A. Uranga.
- *New beverages of coffee byproducts for an optimal health of the brain-gut axis.* Ministry

of Science and Universities (PID2019-111510RB-I00). June 2020-May 2024. PI: M^a Dolores del Castillo Bilbao, **Raquel Abalo**.

- *Alterations of colonic motility associated with antitumoral chemotherapy. Neurotoxicity and role of the endogenous cannabinoid system.* Grant by the Spanish Association of Gastroenterology. June 2021-December 2022. PI: **Raquel Abalo**.
- *N-acetylcisteyne against severe COVID-19 and its sequelae: study in a preclinical model of pseudoinfection and sepsis (NACfightsCOVID-19).* Projects COVID-19 URJC-BANCO SANTANDER. January 2021-June 2022. PI: **Raquel Abalo**.
- *Functional characterization of a new preclinical model of irritable bowel syndrome with constipation.* ALLERGAN-Grupo Español de Motilidad Digestiva. May 2017-November 2018. PI: **Raquel Abalo**.
- *Monosodium glutamate: "umami" flavour allied in anticancer therapy.* MAPFRE Foundation. Research grants 2011 (Health Promotion: Food and Exercise). March 2012-February 2013. PI: **Raquel Abalo**.
- *Resveratrol, an essential nutraceutical in the mediterranean diet, against the metabolic syndrome and its complications.* MAPFRE Foundation. Research grants 2009 (Health Promotion: Food and Exercise). March 2010-February 2011. PI: **Raquel Abalo**.
- *Lights and shadows of cannabinoid therapy: Secondary effects in peripheral nervous system, gastrointestinal tract and cardiovascular system.* URJC-CM-2006-BIO-0604. January-December 2007. PI: **Raquel Abalo**.

PATENTS:

Inventors: **Abalo R**, Sanz-Montemayor A, Pantrigo JJ, Ramírez I. Devise for analysis of intestinal motility (P201531687), filed in 20th November 2015.

COLLABORATIONS:

- **Dr Nurgali** (Victoria University, Melbourne, Australia) and **Dr Joel Bornstein** (Melbourne University, Melbourne, Australia). Study of the alterations induced by different chemotherapeutic drugs on mice gastrointestinal motility. 2 visits to their laboratories, 1 talk at each of their departments; 8 original articles published, 7 reviews published, 2 manuscripts under review, 2 Frontiers Research Topic (FRT) co-edited with Dr Nurgali, including editorial and e-book (1 in collaboration also with **Dr. Jagoe**, McGill University, Canada; 1 in collaboration also with **Dr. Was** from the Military Institute of Medicine, Warsaw, Poland, and **Dr. Rudd**, University of Hong-Kong, China).
- **Dr. Fichna** (Medical University of Lodz, Poland). Study of the gastrointestinal effects of different diets. 1 visit to his laboratory (18th-22nd May 2017), 1 visit of a predoctoral student and 1 visit of a postdoctoral student from Dr Fichna's laboratory to our laboratory at URJC, 4 original articles published, 1 review, 3 review book chapters.
- **Dr Costa, Dr Brookes** and **Dr Spencer** (Flinders University of South Australia). In vitro and in vivo study of colonic motility by means of spatio-temporal maps. 2 conference papers; 1 original article published; 5 (2 predoctoral and 3 postdoctoral) research visits to their laboratory, 2 talks at their department; visit by Dr Brookes to our University (including a seminar, 2007); visit by **Dr Hennig** (currently at Reno University, USA) to our University (including a seminar, 2010).
- **Dr Storr** (München University, Germany), **Dr Makriyannis** (Northeastern University, Boston, USA) and **Dr. Fichna** (Medical University of Lodz, Poland). Study of the effects of the cannabinoid agonist AM841 on gastrointestinal motility in the rat. 1 oral communication; 1 original article published.
- **Dr De Giorgio** (Università di Bolonia, Italy). Study of the histologic and immunohistochemical alterations induced by chronic cisplatin in the rat gut wall. 3 conference papers; 1 original article published.
- **Dr Furness** (Melbourne University, Australia) and **Dr Hanani** (Hebrew University of

Jerusalem, Israel). Study of peripheral and enteric neuropathies. Visit by Dr Furness to our University (including a seminar, 2012). Visit to Dr Furness and seminar at his department (2013, 2017), 1 talk at Melbourne University (2013). Visit by Dr Hanani to our University (including a seminar, 2014).

- **Dr Soto-Montenegro** and **Dr Descó** (Unidad de Medicina y Cirugía Experimental del Hospital General Universitario Gregorio Marañón, Madrid, Spain). Study of the effect of resveratrol on the complications associated to metabolic syndrome and type 2 diabetes mellitus in rat models; study of the potential effects of monosodium glutamate to alleviate or prevent the adverse effects induced by cisplatin in the rat; study of different preventive strategies to counteract schizophrenia. 4 projects; 8 conference papers; 1 review article and 3 original articles published. Co-supervision of 1 PhD student, and 2 Degree students. Honorary collaborator of our Department.
- **Dr Del Castillo** (CIAL-CSIC). Study of the effects of coffee by-products on the gastrointestinal function. 4 articles published, 2 in preparation. 2 book chapters published. Co-supervision of 1 PhD student, 2 Master students and 1 Degree student. 1 joint project. Honorary collaborator of our Department.
- **Dr Pantrigo** and **Dr Sanz-Montemayor** (URJC). In vivo study of gastrointestinal motility by means of fluoroscopy recordings and spatio-temporal maps. 1 patent filed; 1 original article published.
- **Dr Lombó** (BITTEN-IUOPA-Oviedo), **Dr Cámará-Vicario** (Hospital de Alcorcón). Study of new treatments for colorectal cancer. 1 review book chapter and 1 review article published. 1 original article.
- **Dr Martínez** (U. Barcelona). Effects of opioids, cannabinoids, nutraceuticals and probiotics on gastrointestinal tract functions (motility, pain). 4 review papers published.
- **Dr Llorente-Berzal** (UAM). Involvement of the endogenous cannabinoid system in the central and gastrointestinal adverse effects of chemotherapy. 2 review papers.
- **Dr García-Jiménez** (URJC). Study of the molecular alterations induced by chronic cisplatin in the rat myenteric neurones. 1 conference paper; 1 original article published.
- **Dr Goya** and **Dr Jagerovic** (Medical Chemistry Institute, Superior Council of Scientific Research, Spain). Characterization of new synthetic molecules, mainly with opioid or cannabinoid activity. 8 projects; 3 conference papers; 2 original articles published; 1 review book chapter published.
- **Dr Quesada** (Medical Chemistry Institute, Superior Council of Scientific Research, Spain). 1 project; 1 review book chapter published.

PUBLICATIONS:

Indexed articles

1. Gomariz RP, Garrido E, Leceta J, Martínez C, **Abalo R**, Delgado M. Gene expression of VIP receptor in rat lymphocytes. *Biochem Biophys Res Commun.* 1994; 203(3):1599-604.
2. Goicoechea C, Ormazábal MJ, **Abalo R**, Alfaro MJ, Martín MI. Calcitonin reverts pertussis toxin blockade of the opioid analgesia in mice. *Neurosci Lett.* 1999; 273(3):175-8.
3. **Abalo R**, Pascual D, Goicoechea C, Martín MI. Blockade by pertussis toxin of the opioid effect on guinea pig ileum. Contractility and electrophysiological neuronal recording. *Neurosci Lett.* 2000; 291(3):131-4.
4. Jagerovic N, Cano C, Elguero J, Goya P, Callado LF, Meana JJ, Girón R, **Abalo R**, Ruiz D, Goicoechea C, Martín MA. Long-acting fentanyl analogues: synthesis and pharmacology of N-(1-phenylpyrazolyl)-N-(1-phenylalkyl-4-piperidyl) propanamides. *Bioorg Med Chem.* 2002; 10(3):817-27.
5. Girón R, **Abalo R**, Goicoechea C, Martín MI, Callado LF, Cano C, Goya P, Jagerovic N. Synthesis and opioid activity of new fentanyl analogs. *Life Sci.* 2002; 71(9):1023-34.
6. **Abalo R**, Goicoechea C, Martín MI. Blockade of Gi/o proteins modifies electrical activity of S-myenteric neurons from guinea-pig ileum. *Neurosci Lett.* 2004; 356(3):175-8.

7. **Abalo R**, José Rivera A, Vera G, Isabel Martín M. Ileal myenteric plexus in aged guinea-pigs: loss of structure and calretinin-immunoreactive neurones. *Neurogastroenterol Motil.* 2005; 17(1):123-32.
8. **Abalo R**, Rivera AJ, Vera G, Suardíaz M, Martín MI. Evaluation of the effect of age on cannabinoid receptor functionality and expression in guinea-pig ileum longitudinal muscle-myenteric plexus preparations. *Neurosci Lett.* 2005; 383(1-2):176-81.
9. Vera G, Chiarlane A, Martín MI, **Abalo R**. Altered feeding behaviour induced by long-term cisplatin in rats. *Auton Neurosci.* 2006; 126-127:81-92.
10. **Abalo R**, Vera G, Rivera AJ, Martín MI. Age-related changes in the gastrointestinal tract: a functional and immunohistochemical study in guinea-pig ileum. *Life Sci.* 2007; 80(26):2436-45.
11. Vera G, Chiarlane A, Cabezas PA, Pascual D, Martín MI, **Abalo R**. WIN 55,212-2 prevents mechanical allodynia but not alterations in feeding behaviour induced by chronic cisplatin in the rat. *Life Sci.* 2007; 81(6):468-79.
12. Cabezas PA, Vera G, Castillo M, Fernández-Pujol R, Martín MI, **Abalo R**. Radiological study of gastrointestinal motor activity after acute cisplatin in the rat. Temporal relationship with pica. *Auton Neurosci.* 2008; 141(1-2):54-65. doi: 10.1016/j.autneu.2008.05.004.
13. **Abalo R**, Cabezas PA, López-Miranda V, Vera G, González C, Castillo M, Fernández-Pujol R, Martín MI. Selective lack of tolerance to delayed gastric emptying after daily administration of WIN 55,212-2 in the rat. *Neurogastroenterol Motil.* 2009; 21(9):1002-e80. doi: 10.1111/j.1365-2982.2009.01315.x.
14. **Abalo R**, Vera G, Rivera AJ, Moro-Rodríguez E, Martín-Fontelles MI. Postnatal maturation of the gastrointestinal tract: a functional and immunohistochemical study in the guinea-pig ileum at weaning. *Neurosci Lett.* 2009; 467(2):105-10. doi: 10.1016/j.neulet.2009.10.015.
15. **Abalo R**, Cabezas PA, Vera G, Fernández-Pujol R, Martín MI. The cannabinoid antagonist SR144528 enhances the acute effect of WIN 55,212-2 on gastrointestinal motility in the rat. *Neurogastroenterol Motil.* 2010; 22(6):694-e206. doi: 10.1111/j.1365-2982.2009.01466.x.
16. Cabezas PA, Vera G, Martín-Fontelles MI, Fernández-Pujol R, **Abalo R**. Cisplatin-induced gastrointestinal dysmotility is aggravated after chronic administration in the rat. Comparison with pica. *Neurogastroenterol Motil.* 2010; 22(7):797-805, e224-5. doi: 10.1111/j.1365-2982.2010.01483.x.
17. Vera G, Castillo M, Cabezas PA, Chiarlane A, Martín MI, Gori A, Pasquinelli G, Barbara G, Stanghellini V, Corinaldesi R, De Giorgio R, **Abalo R**. Enteric neuropathy evoked by repeated cisplatin in the rat. *Neurogastroenterol Motil.* 2011; 23(4):370-8, e162-3. doi: 10.1111/j.1365-2982.2011.01674.x.
18. **Abalo R**, Cabezas PA, Vera G, López-Miranda V, Herradón E, Martín-Fontelles MI. Cannabinoid-induced delayed gastric emptying is selectively increased upon intermittent administration in the rat: role of CB1 receptors. *Neurogastroenterol Motil.* 2011; 23(5):457-67, e177. doi: 10.1111/j.1365-2982.2011.01677.x.
19. González C, Herradón E, **Abalo R**, Vera G, Pérez-Nievas BG, Leza JC, Martín MI, López-Miranda V. Cannabinoid/agonist WIN 55,212-2 reduces cardiac ischaemia-reperfusion injury in Zucker diabetic fatty rats: role of CB2 receptors and iNOS/eNOS. *Diabetes Metab Res Rev.* 2011; 27(4):331-40. doi: 10.1002/dmrr.1176.
20. López-Miranda V, Soto-Montenegro ML, Vera G, Herradón E, Desco M, **Abalo R**. Resveratrol: a neuroprotective polyphenol in the Mediterranean diet. *Rev Neurol.* 2012 Mar 16;54(6):349-56.
21. Vera G, López-Miranda V, Herradón E, Martín MI, **Abalo R**. Characterization of cannabinoid-induced relief of neuropathic pain in rat models of type 1 and type 2 diabetes. *Pharmacol Biochem Behav.* 2012; 102(2):335-43. doi: 10.1016/j.pbb.2012.05.008.
22. **Abalo R**, Vera G, López-Pérez AE, Martínez-Villaluenga M, Martín-Fontelles MI. The gastrointestinal pharmacology of cannabinoids: focus on motility. *Pharmacology.* 2012; 90(1-2):1-10. doi: 10.1159/000339072.
23. Vera G, Cabezas PA, Martín MI, **Abalo R**. Characterization of cannabinoid-induced relief

- of neuropathic pain in a rat model of cisplatin-induced neuropathy. *Pharmacol Biochem Behav.* 2013; 105:205-12. doi: 10.1016/j.pbb.2013.02.008.
24. **Abalo R**, Cabezos PA, Vera G, López-Pérez AE, Martín MI. Cannabinoids may worsen gastric dysmotility induced by chronic cisplatin in the rat. *Neurogastroenterol Motil.* 2013; 25(5):373-82, e292. doi: 10.1111/nmo.12073.
25. Vera G, López-Pérez AE, Martínez-Villaluenga M, Cabezos PA, **Abalo R**. X-ray analysis of the effect of the 5-HT₃ receptor antagonist granisetron on gastrointestinal motility in rats repeatedly treated with the antitumoral drug cisplatin. *Exp Brain Res.* 2014; 232(8):2601-12. doi: 10.1007/s00221-014-3954-5.
26. Uranga-Ocio JA, Bastús-Díez S, Delkáder-Palacios D, García-Cristóbal N, Leal-García MÁ, **Abalo-Delgado R**. Enteric neuropathy associated to diabetes mellitus. *Rev Esp Enferm Dig.* 2015 Jun;107(6):366-73.
27. López-Miranda V, Soto-Montenegro ML, Uranga-Ocio JA, Vera G, Herradón E, González C, Blas C, Martínez-Villaluenga M, López-Pérez AE, Desco M, **Abalo R**. Effects of chronic dietary exposure to monosodium glutamate on feeding behavior, adiposity, gastrointestinal motility, and cardiovascular function in healthy adult rats. *Neurogastroenterol Motil.* 2015; 27(11):1559-70. doi: 10.1111/nmo.12653.
28. **Abalo R**, Chen C, Vera G, Fichna J, Thakur GA, López-Pérez AE, Makriyannis A, Martín-Fontelles MI, Storr M. In vitro and non-invasive in vivo effects of the cannabinoid-1 receptor agonist AM841 on gastrointestinal motor function in the rat. *Neurogastroenterol Motil.* 2015; 27(12):1721-35. doi: 10.1111/nmo.12668.
29. Girón R, Pérez-García I, **Abalo R**. X-ray analysis of gastrointestinal motility in conscious mice. Effects of morphine and comparison with rats. *Neurogastroenterol Motil.* 2016 Jan;28(1):74-84. doi: 10.1111/nmo.12699.
30. Uranga JA, López-Miranda V, Lombó R, **Abalo R**. Food, nutrients and nutraceuticals affecting the course of inflammatory bowel disease. *Pharmacol Rep.* 2016 Aug;68(4):816-26. doi: 10.1016/j.pharep.2016.05.002.
31. McQuade RM, Stojanovska V, **Abalo R**, Bornstein JC and Nurgali K. Chemotherapy-Induced Constipation and Diarrhea: Pathophysiology, Current and Emerging Treatments. *Front Pharmacol.* 2016 Nov 3;7:414. doi: 10.3389/fphar.2016.00414.
32. McQuade R, Stojanovska V, Donald E, **Abalo R**, Bornstein JC, Nurgali K. Gastrointestinal dysfunction and enteric neurotoxicity following treatment with anti-cancer chemotherapeutic agent 5-fluorouracil. *Neurogastroenterol Motil.* 2016 Dec;28(12):1861-1875. doi: 10.1111/nmo.12890.
33. **Abalo R**, Uranga JA, Pérez-García I, de Andrés R, Girón R, Vera G, López-Pérez AE, Martín-Fontelles MI. May cannabinoids prevent the development of chemotherapy-induced diarrhea and intestinal mucositis? Experimental study in the rat. *Neurogastroenterol Motil.* 2017, 29(3). doi: 10.1111/nmo.12952.
34. Vera G, López-Pérez AE, Uranga JA, Girón R, Martín-Fontelles MI, **Abalo R**. Involvement of Cannabinoid Signaling Contribute in Vincristine-Induced Gastrointestinal Dysmotility In The Rat. *Front Pharmacol.* 2017 Feb 6;8:37. doi: 10.3389/fphar.2017.00037.
35. Uranga JA, García-Martínez JM, García-Jiménez C, Vera G, Martín-Fontelles MI, **Abalo R**. Alterations of the small intestinal wall and motor function after repeated cisplatin in the rat. *Neurogastroenterol Motil.* 2017 Jul;29(7). doi: 10.1111/nmo.13047.
36. Ramírez I, Pantrigo JJ, Sanz-Montemayor A, López-Pérez AE, Martín-Fontelles MI, Brookes SJH, **Abalo R**. Computer vision-based diameter maps to study fluoroscopic recordings of small intestinal motility from conscious experimental animals. *Neurogastroenterol Motil.* 2017 Aug;29(8). doi: 10.1111/nmo.13052.
37. Herradón E, González C, Uranga JA, **Abalo R**, Martín-Fontelles MI, López-Miranda V. Characterization of cardiovascular alterations induced by chronic cisplatin treatment in rats. *Front Pharmacol.* 2017 May 8;8:196. doi: 10.3389/fphar.2017.00196.
38. McQuade RM, Stojanovska V, Donald EL, Rahman AA, Campelj DG, **Abalo R**, Rybalka E, Bornstein JC, Nurgali K. Irinotecan-Induced Gastrointestinal Dysfunction Is Associated with Enteric Neuropathy, but Increased Numbers of Cholinergic Myenteric

- Neurons. *Front Physiol.* 2017 Jun 8;8:391. doi: 10.3389/fphys.2017.00391.
39. McQuade RM, Stojanovska V, Stavely R, Timpani C, Petersen AC, **Abalo R**, Bornstein JC, Rybalka E, Nurgali K. Oxaliplatin-induced enteric neuronal loss and intestinal dysfunction is prevented by co-treatment with BGP-15. *Br J Pharmacol.* 2018, 175(4): 656-677. doi: 10.1111/bph.14114.
40. Uranga JA, Castro M, **Abalo R**. Guanylate cyclase C: a current hot target, from physiology to pathology. *Curr Med Chem.* 2018; 25(16):1879-1908. doi: 10.2174/0929867325666171205150310.
41. Mosinska P, **Abalo R**. Young GI angle: Boosting your career development with fellowship experience. *United European Gastroenterol J.* 2018 Mar;6(2):331-332. doi: 10.1177/2050640618760408
42. Nurgali K, Jagoe RT, **Abalo R**. Editorial: Adverse effects of cancer chemotherapy: Anything new to improve tolerance and reduce sequelae? *Front Pharmacol.* 2018 Mar 22;9:245. doi: 10.3389/fphar.2018.00245. eCollection 2018.
43. Roman P, **Abalo R**, Marco EM, Cardona D. Probiotics in digestive, emotional, and pain-related disorders. *Behav Pharmacol.* 2018 Apr; 29(2 and 3 - Special Issue):103-119. doi: 10.1097/FBP.0000000000000385.
44. López-Pérez AE, Nurgali K, **Abalo R**. Painful neurotrophins and their role in visceral pain. *Behav Pharmacol.* 2018 Apr; 29(2 and 3 - Special Issue):120-139. doi: 10.1097/FBP.0000000000000386.
45. López-Gómez L, Díaz-Ruano S, Girón R, López-Pérez AE, Vera G, Herradón Pliego E, López-Miranda V, Nurgali K, Martín-Fontelles MI, Uranga JA, **Abalo R**. Preclinical evaluation of the effects on the gastrointestinal tract of the antineoplastic drug vincristine repeatedly administered to rats. *Neurogastroenterol Motil.* 2018 Nov;30(11):e13399. doi: 10.1111/nmo.13399.
46. Uranga JA, Vera G, **Abalo R**. Cannabinoid pharmacology and therapy in gut disorders. *Biochem Pharmacol.* 2018 Nov;157:134-147. doi: 10.1016/j.bcp.2018.07.048.
47. Tores de la Cruz S, Iriondo-DeHond A, Herrera T, Lopez-Tofiño Y, Galvez-Robleño C, Prodanov M, Velazquez-Escobar F, **Abalo R**, Castillo MDD. An Assessment of the Bioactivity of Coffee Silverskin Melanoidins. *Foods.* 2019 Feb 12;8(2). pii: E68. doi: 10.3390/foods8020068.
48. Martín-Ruiz M, Uranga JA, Mosinska P, Fichna P, Nurgali K, Martín-Fontelles MI, **Abalo R**. Alterations of colonic sensitivity and gastric dysmotility after acute cisplatin and granisetron. *Neurogastroenterol Motil.* 2019 Mar;31(3):e13499. doi: 10.1111/nmo.13499.
49. Paniagua N, Goicoechea C, **Abalo R**, López-Miranda V, Vela JM, Merlos M, Martín Fontelles MI, Girón R. May a sigma-1 antagonist improve neuropathic signs induced by cisplatin and vincristine in rats? *Eur J Pain.* 2019 Mar;23(3):603-620. doi: 10.1002/ejp.1333.
50. Díaz-Ruano S, López-Pérez AE, Girón R, Pérez-García I, Martín-Fontelles MI, **Abalo R**. Fluoroscopic Characterization of Colonic Dysmotility Associated to Opioid and Cannabinoid Agonists in Conscious Rats. *J Neurogastroenterol Motil.* 2019 Apr 30;25(2):300-315. doi: 10.5056/jnm18202.
51. McQuade RM, Al Thalibi M, Petersen AC, **Abalo R**, Bornstein JC, Rybalka E, Nurgali K. Co-treatment With BGP-15 Exacerbates 5-Fluorouracil-Induced Gastrointestinal Dysfunction. *Front Neurosci.* 2019 May 8;13:449. doi: 10.3389/fnins.2019.00449.
52. Iriondo-DeHond A, Cornejo FS, Fernandez-Gomez B, Vera G, Guisantes-Batan E, Alonso SG, Andres MIS, Sanchez-Fortun S, Lopez-Gomez L, Uranga JA, **Abalo R**, Del Castillo MD. Bioaccessibility, Metabolism, and Excretion of Lipids Composing Spent Coffee Grounds. *Nutrients.* 2019 Jun 23;11(6):1411. doi: 10.3390/nu11061411.
53. Vera G, Girón R, Martín-Fontelles MI, **Abalo R**. Radiographic dose-dependency study of loperamide effects on gastrointestinal motor function in the rat. Temporal relationship with nausea-like behavior. *Neurogastroenterol Motil.* 2019 Aug;31(8):e13621. doi: 10.1111/nmo.13621.
54. Mosińska P, Martín-Ruiz M, González A, López-Miranda V, Herradón E, Uranga JA,

- Vera G, Sánchez-Yáñez A, Martín-Fontelles MI, Fichna J, **Abalo R**. Changes in the diet composition of fatty acids and fiber affect the lower gastrointestinal motility but have no impact on cardiovascular parameters: In vivo and in vitro studies. *Neurogastroenterol Motil.* 2019 Sep;31(9):e13651. doi: 10.1111/nmo.13651.
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1. Hopkins M, Bagüés A, López-Tofiño Y, **Abalo R**, Llorente-Berzal A. Changes in the endocannabinoid system of male rats treated with a single sub-noxious dose of cisplatin. ICRS2020 30th Annual Symposium. Galway (Irlanda). Julio 2020 (virtual,

- debido a la pandemia de COVID-19).
2. **Abalo R**, Uranga JA. Food for the gut in COVID-19 times. **INVITED TALK** (Scientific Session 2: Nutritional support for fighting COVID-19). 28th Conference of the Functional Food Center (FFC'S 28th Conference). California, EEUU. 28-29 agosto 2020 (virtual, debido a la pandemia de COVID-19).
 3. Díaz-García D, Mena-Palomo I, Uranga JA, Bagüés A, López-Tofiño Y, López-Collazo E, Prashar S, **Abalo R**, Gómez-Ruiz S. In vivo dose-dependency and gastrointestinal motility studies of silica-based materials functionalized with tin or platinum. Spanish Conference on Biomedical Applications of Nanomaterials (virtual). 3 septiembre 2020.
 4. Gallego P, Bagues A, Escasany E, Márquez A, Medina G, Uranga JA, **Abalo R**. Influence of sex and diet on the gastrointestinal tract in a mice model with partial deficiency for TGF-β3. **Oral communication**. The 1st International Electronic Conference on Nutrients - Nutritional and Microbiota Effects on Chronic Disease. <https://iecn2020.sciforum.net>. 2-15 noviembre 2020 (virtual).
 5. López-Tofiño Y, Castro M, Valero MS, López-Gómez L, Uranga JA, **Abalo R**. Estudio radiográfico e histopatológico de la dismotilidad gastrointestinal en sepsis inducida por LPS en rata. **Oral communication**. Congreso Mexicano e Iberoamericano de Histología 2020. Mexico. 11-13 noviembre 2020 (virtual, debido a la pandemia de COVID-19).
 6. **Abalo R**, Vera G, López-Gómez L, Girón R, Martín-Fontelles, MI, Uranga JA. Efecto del agonista cannabinoide WIN 55,212-2 sobre el dolor neuropático y visceral inducido por una dosis no diarrogénica del antitumoral 5-fluorouracilo en rata. **Oral communication**. XXVIII Reunión de la Asociación Española de Neurogastroenterología y Motilidad (ASENEM), virtual. 18-20 noviembre 2020 (virtual).
 7. L. López, J. Antón, Y. López-Tofiño, J.A. Uranga, **R. Abalo**. ¿Protegen los probióticos frente a la irritación colónica aguda y sus efectos sobre la sensibilidad visceral? XXVIII Reunión de la Asociación Española de Neurogastroenterología y Motilidad (ASENEM), virtual. 18-20 noviembre 2020 (virtual).
 8. Gálvez C., Romero-Miguel D., López-Tofiño Y., Casquero-Veiga M., Lamanna-Rama N., Desco M., Soto-Montenegro M.L., **Abalo R**. Alteraciones producidas por la activación inmunitaria materna en la función motora gastrointestinal y efecto del tratamiento gestacional con N-acetilcisteína. Estudio en la descendencia y sus madres. XXVIII Reunión de la Asociación Española de Neurogastroenterología y Motilidad (ASENEM), virtual. 18-20 noviembre 2020 (virtual).
 9. Y. López – Tofiño Torrejón, A. Bagüés Arias, P. Molero Mateo, G. Vera Pasamontes, **R. Abalo**. Efectos de los antitumorales cisplatino y vincristina en la contractilidad del músculo circular y longitudinal del colon aislado de rata. **Oral communication**. Reunión de la Asociación Española de Neurogastroenterología y Motilidad (ASENEM), virtual. 18-20 noviembre 2020 (virtual).
 10. Díaz-Ruano S, López-Pérez AE, Girón R, Martín-Fontelles MI, Nurgali K, **Abalo R**. Colonic propulsion of endogenous fecal pellets in diabetic and toxic neuropathy: fluoroscopic study in conscious rats. 4th Meeting of the Federation of Neurogastroenterology and Motility (FNM2020). Adelaide (Australia), 25-28 marzo, 2020 (pospuesto a 14-17 abril 2021). Neurogastroenterol. Motil. 2020; 32(Suppl. 1): e13817, p. 153 (póster 390). DOI: 10.1111/nmo.13817
 11. López-Gómez L, López-Tofiño Y, **Abalo R**. Dependency on sex and stimulus quality of nociceptive behaviours in a conscious visceral pain rat model. 4th Meeting of the Federation of Neurogastroenterology and Motility (FNM2020). Adelaide (Australia), 25-28 marzo, 2020 (pospuesto a 14-17 abril 2021). Neurogastroenterol. Motil. 2020; 32(Suppl. 1): e13817, p. 151 (póster 387). DOI: 10.1111/nmo.13817
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14. A. Bagüés Arias, Y. López – Tofiño, G. Vera, **R. Abalo**. Mialgia inducida por antitumorales: diferencias en dos modelos animales. I Congreso Sociedad Española Multidisciplinar del Dolor (SEMDOR). 14, 15, 21, 22, 28 y 29 abril 2021 (virtual).
15. A. Bagüés Arias, A. Almagro, T. Bermúdez, Y. López – Tofiño, A. González, **R. Abalo**. Adherence to the Mediterranean diet: differences among age groups in a Spanish population sample just before COVID-19 lockdown. 29th International Conference: "Can Functional Foods and Bioactive Compounds Reduce the Risk of Diseases?" 29-30 abril 2021 (virtual).
16. A. Bagüés Arias, Y. López – Tofiño, L. Ortega, **R. Abalo**. Efectos de neostigmina y atropina en la motilidad gastrointestinal: análisis radiográfico en rata consciente. LXXX Congreso Sociedad Española de Patología Digestiva (SEPD) - formación clínica. 6 y 7 mayo 2021 (virtual).
17. Hopkins M, Bagüés A, López-Tofiño Y, **Abalo R**, Llorente-Berzal A. Changes in the endocannabinoid system of male rats treated with a single sub-noxious dose of cisplatin. 31st Annual Symposium of the International Cannabinoid Research Society. Jerusalem (Israel). 21-24 junio 2021.
18. **Abalo R**, Bagüés A, López-Tofiño Y, López-Gómez L, Gálvez-Robleño C, Díaz-García D, Prashar S, Gómez-Ruiz S, Uranga JA. Silica-based materials functionalized with tin improve the toxic profile of antitumor drugs with the same antiproliferative effect: in vivo study. *Metals & Water* 2021. Zaragoza (on-line), 24-25 junio 2021.
19. **R. Abalo**. Cannabis y aparato digestivo: usos y efectos. **INVITED TALK**. XX Congreso Uruguayo de Gastroenterología (Semana Panamericana de las Enfermedades Digestivas). 14 a 16 julio 2021 (virtual).
20. Lamanna-Rama N., Romero-Miguel D., Casquero-Veiga M., Gómez-Rangel, V., Luengo-Arias, S., Gálvez C., Santa-Marta, C., Torres-Sánchez, S., Berrocoso, E., Desco M., **Abalo R.**, Soto-Montenegro M.L. Is THC a reliable risk factor for a double-hit model of schizophrenia? 16th European Molecular Imaging Meeting. 24-27 agosto 2021
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22. Lamanna-Rama N., Romero-Miguel D., Casquero-Veiga M., Gómez-Rangel, V., Luengo-Arias, S., Gálvez C., Santa-Marta, C., Torres-Sánchez, S., Berrocoso, E., Desco M., **Abalo R.**, Soto-Montenegro M.L. Cannabinoids in the prevention of behavioral and brain deficits in a schizophrenia-like rat model. 34th ECNP Congress-Hybrid. 2-5 octubre 2021
23. Romero-Miguel D., Lamanna-Rama N., Casquero-Veiga M., Torres-Sánchez, S., Gómez-Rangel, V., González-Cediel, P., Gálvez C., Santa-Marta C., Berrocoso, E., Desco M., **Abalo R.**, Soto-Montenegro M.L. N-acetylcysteine supplement during pregnancy may prevent some of the behavioral and neuroanatomical deficits in a schizophrenia-like rat model. 34th ECNP Congress- Hybrid. 2-5 octubre 2021
24. López-Gómez L, Fernández García N, Vera Pasamontes G, **R. Abalo**. Dismotilidad gastrointestinal y alteraciones de la sensibilidad somática y visceral en el modelo de diabetes inducida por estreptozotocina en rata. XVII Congreso de la Sociedad Española de DOLOR 2021. Bilbao (13 a 16 octubre 2021).
25. Silván Ros B, López-Gómez L, **R. Abalo**. La estimulación mecánica sostenida

- enmascara la hipersensibilidad colónica temprana asociada a sepsis y tormenta de citoquinas en rata. XVII Congreso de la Sociedad Española de DOLOR 2021. Bilbao (13 a 16 octubre 2021).
26. Gallego P, López-Tofiño Y, Bagüés A, Iriondo-DeHond A, del Castillo MD, **Abalo R**. Effects of INSTANT CASCARA beverage on brain-gastrointestinal functions (**Oral presentation**). "The 2nd International Electronic Conference on Foods - "Future Foods and Food Technologies for a Sustainable World" (virtual). 15-30 octubre 2021.
27. **Abalo R**. Nutracéuticos y alimentos funcionales. Argumentos para trasladar la investigación básica a la mesa (**INVITED TALK**). XXIX Reunión de la ASENEM (Asociación Española de Neurogastroenterología y Motilidad). Zaragoza (19-20 november 2021).
28. Bagüés A, Benítez D, Lopez-Tofiño Y, Silván B, Gallego P, Iriondo-DeHond A, del Castillo MD, **Abalo R**. Efectos de la exposición continuada a la bebida Instant Cascara en la contractilidad del colon de rata: estudio in vitro. XXIX Reunión de la ASENEM (Asociación Española de Neurogastroenterología y Motilidad). Zaragoza (19-20 november 2021).
29. **Abalo R**. La perspectiva de género en los modelos de síndrome de intestino irritable (**INVITED TALK**). Jornada GTSED Ciencias Básicas. Del laboratorio al paciente. ¿Qué aprendemos de los modelos animales? Madrid (10 diciembre 2021).
30. **Abalo R**. Nutracéuticos: la botica de la cocina para un eje intestino cerebro-saludable (**INVITED TALK**). 25ª Reunión Anual Asociación Española de Gastroenterología (AEG). 23-25 marzo 2022 (presencial + virtual).
31. López-Gómez L, Antón J, López-Tofiño Y, Uranga JA, Pomana B, **Abalo R**. Effects of commercial probiotics on acute colonic irritation and visceral sensitivity. 9th Asian Postgraduate Course on Neurogastroenterology & Motility (APNM2022). Korea. 1-2 abril 2022 (presencial + virtual).
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33. **Abalo R**, Barragán LF, Montero M, López-Tofiño Y, Parra D, Bagüés A, Gálvez-Robleño C, López-Gómez L, Vera G, Uranga JA. Does N-acetylcysteine protect against the effects of sepsis in the lung-gut axis? 9th Asian Postgraduate Course on Neurogastroenterology & Motility (APNM2022). Korea. 1-2 abril 2022 (presencial + virtual).
34. Gálvez-Robleño C, Montero-Torres M, López-Tofiño Y, Bagüés A, Lamanna-Rama N, Romero-Miguel D, López-Gómez L, Vera G., Márquez A, Uranga JA, Desco M, Soto-Montenegro ML, **Abalo R**. THC interactions on the brain-gut axis. Study in the maternal immune activation rat model of schizophrenia. 9th Asian Postgraduate Course on Neurogastroenterology & Motility (APNM2022). Korea. 1-2 abril 2022 (presencial + virtual).
35. Abalo R. ¿Hay una nueva pieza en el tratamiento del dolor? (**INVITED TALK**). II Congreso Sociedad Española Multidisciplinar del Dolor (SEMDOR). Madrid. 19-20 mayo 2022.
36. Melone S, Fernández Cebrián JM, Amores M, López-Tofiño Y, Montero M, **Abalo R**, Pérez E, Guijarro C, Martínez S, Pazos MR. Bypass duodenoyeyunal con una anastomosis y gastrectomía tubular en un modelo experimental de ratas diabéticas no obesas: resultados preliminares. XXIII Congreso Nacional de la Sociedad Española de Cirugía de la Obesidad (SECO), y de la sección de Obesidad de la AEC. Toledo, 25-27 mayo 2022. BEST ORAL COMMUNICATION AWARD.
37. **Abalo Delgado R**, Barragán del Caz LF, López Gómez L, Vera Pasamontes G, López-Tofiño Torrejón Y. Efectos de un probiótico comercial sobre algunos efectos adversos del tratamiento repetido con el antitumoral cisplatino. **Oral communication**. XIII Workshop de la Sociedad Española de Microbiota, Probióticos y Prebióticos. Valencia, 7-9 junio 2022. An Microbiota Probióticos Prebióticos 2022, 3(2): 162-168.

38. Talbi Habouchi C, Vera Pasamontes G, López Gómez L, **Abalo Delgado R.** Evaluación de las modificaciones que producen los ácidos grasos en la dieta en el plexo mientérico de colon de rata hembra: efectos en neuronas y fibras sensitivas. XI Congreso Nacional CyTA-CESIA, III Congreso CyTA Junior, Zaragoza. 20-22 junio 2022.
39. Gálvez-Robleño C, Pomana B, López-Gómez L, Lamanna-Rama N, D Romero-Miguel D, Casquero-Veiga M, Desco M, **Abalo R**, Soto-Montenegro ML, Uranga-Ocio J. Histological characterization of the gastrointestinal tract in the maternal immune activation rat model of schizophrenia. XXI Congreso de la Sociedad Española de Histología e Ingeniería Tisular, IX International Congress of Histology and Tissue Engineering and VIII Congreso Iberoamericano de Histología (SEHIT 2022). Granada. 6-9 septiembre 2022.
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41. Gallego-Barceló P, Benítez D, López-Tofiño Y, Gálvez-Robleño C, Del Castillo MD, **Abalo R**. Efectos de la bebida Instant Cascara en la motilidad gastrointestinal: influencia del sexo y de la duración de la intervención. XXX Reunión de la ASENEM 2022. 4-5 noviembre 2022, Granada.
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43. López-Tofiño Y; Bagüés A; Lynch, K; Molony, K; Boullon, L; Vera G; Abalo R; Llorente-Berzal, A. Investigation of the endocannabinoid system in a rat model of neuropathic pain induced by chronic administration of vincristine. 22^a Reunión Anual de la Sociedad Española de Investigación sobre Cannabinoides (SEIC). 24 a 26 noviembre 2022.
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45. D. Benitez, M. Jiménez, A. Bagüés, P. Majano, L.F. Barragán, B. Silván, L. López-Gómez, J.A. Uranga, F. Molina, M. Adrados, J García-Septiem, C. Santander, **R. Abalo**. Estudio de la motilidad colónica mediante estimulación eléctrica y acetilcolina. Papel del sistema cannabinoide endógeno (BECA AEG 2021). 26 Reunión Anual AEG. 29-31 March 2023. Madrid
46. Silván Ros B, Benítez D, Barragán LF, Sánchez I, Alcorta A, Rojo-Álvarez JL, Muñoz-Romero S, **Abalo R**. Development of a New Preclinical Model to Mimic the Effect of the Cytokine Storm Associated with COVID-19. Impact on General Health and Defecation Parameters in Rats of Different Ages. APNM, Korea, 31 March-1 April 2023.
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48. López-Gómez L, Vera G, Moltaibán-Rodríguez A, Silván-Ros B, Benítez-Álvarez D, Barragán LF, Rojo-Álvarez JL, Muñoz-Romero S, **Abalo R**. A New Preclinical Model of Cytokine Storm to Study Alterations of the Myenteric Plexus Related to Acute COVID-19 and its Sequelae in Old Animals. APNM, Korea, 31 March-1 April 2023.
49. Montalbán-Rodríguez A, López-Gómez L, Vera G, L. Barragán F, López-Tofiño Y, **Abalo R**. Immunohistochemical Analysis of the Myenteric Plexus in an Animal Model of Sepsis Following Acute Lipopolysaccharide Administration and Effects of Pretreatment with N-acetylcysteine. APNM, Korea, 31 March-1 April 2023.
50. **Abalo R**. Eje intestino-cerebro: abordaje preclínico de sus trastornos y de sus posibles soluciones. **INVITED TALK**. VII Jornada de Promoción de la Investigación Básica para Estudiantes de Ciencias e Ingenierías. 20 y 21 de abril de 2023. URJC. Móstoles,

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51. **Abalo R.** Dolor gastrointestinal. XIX Congreso de la Sociedad Española del Dolor (SED). **INVITED TALK**. Madrid, 24-26 mayo 2023.
52. Silván Ros B, Benítez Álvarez D, Barragán del Caz LF, Sánchez del Pozo I, Bagüés Arias A, Muñoz Romero S, Abalo Delgado R. “¿Tras la tormenta llega la calma? Alteraciones de la sensibilidad dolorosa en un nuevo modelo de tormenta de citoquinas. Impacto de la edad”. XIX Congreso de la Sociedad Española del Dolor (SED). Madrid, 24-26 mayo 2023.
53. Benítez-Álvarez D, Jiménez M, Bagüés A, Majano P, Silván-Ros B, Barragán LF, Molina F, Adrados M, Cerdán C, García-Septiem J, Santander C, **Abalo R.** Alteraciones en la motilidad colónica asociadas a quimioterapia antitumoral: toxicidad neuronal y papel del sistema cannabinoides endógeno. Resultados preliminares. **ORAL**. Farmadrid 29, 1 June 2023, Alcalá de Henares (Madrid).
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55. Montalbán A, López-Gómez L, López-Tofiño Y, Vera Pasamontes G, **Abalo R.** Caracterización de las secuelas producidas por la sepsis en el plexo mientérico en un modelo de rata y efectos preventivos del antioxidante N-acetilcisteína. **ORAL BREVE**. SEPD. 8-10 june 2023. Sevilla.
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57. Gallego-Barceló P, Bagüés A, López-Tofiño Y, López-Gómez L, Del Castillo MD, **Abalo R.** Effects of Instant Cascara drink on somatic and visceral sensitivity in rats of both sexes. IBRO. Granada, 8-13 September 2023.
58. **Abalo R**, Montalbán-Rodríguez A, López-Gómez L, Gálvez-Robleño C, Lamanna-Rama N, Romero-Miguel D, Casquero-Veiga M, Desco M, Soto-Montenegro ML, Vera G. Evaluation of the myenteric plexus in the male offspring of Poly I:C rat model of schizophrenia and effects of maternal supplementation with the antioxidant N-acetylcysteine. IBRO. Granada, 8-13 September 2023.
59. M. Millán Casas, A. Bagüés Arias, G. Vera Pasamontes, D. Benítez Álvarez, B. Silván, **R. Abalo Delgado**. Estudio en rata de las posibles secuelas inducidas por la tormenta de citoquinas en la contractilidad colónica in vitro y efectos de la N-acetilcisteína. I Congreso de Estudiantes de Biología URJC. 15 septiembre 2023.
60. Abalo R. Cannabinoides en el manejo de los trastornos del eje intestino-cerebro: ¿Realidad o ficción? **INVITED TALK** (State of the art lecture). XXXI Reunión de la Asociación Española de Neurogastroenterología y Motilidad (ASENEM). Madrid, 3-4 noviembre 2023.
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62. López-TofiñoY, de Sosa F, Vera G, López-Gómez L, Herradón E, López-Miranda V, Nurgali K, Uranga JA, Abalo R. Efectos de la vincristina y el glutamato monosódico en la motilidad gastrointestinal y la sensibilidad visceral. XXXI Reunión de la Asociación Española de Neurogastroenterología y Motilidad (ASENEM). Madrid, 3-4 noviembre 2023.
63. Abalo R. Dolor neuropático por neuropatía diabética. Jornada GTSED Ciencias Básicas-Dolor Neuropático. **INVITED TALK** Alcorcón, 10-11 November, 2023.
64. Abalo R. Reducción de opioides con el cannabis medicinal: ¿es cierto? Mecanismos

- por los que sucede. Reunión online conjunta GTSED Opioides y Cannabinoides. ¿Amigos o enemigos? 24 noviembre, 2023.
65. Abalo Delgado R, Millán Casas M, Silván Ros B, Montalbán Rodríguez A, Benítez Álvarez D, Pomana B, López-Tofiño Torrejón Y, López Gómez L, Vera Pasamontes G, Bagüés Arias A, Uranga Ocio JA. Efectos de la N-acetilcisteína en el eje intestino-pulmón en un modelo de sepsis por lipopolisacárido. ORAL. 27 Reunión Anual de la Asociación Española de Gastroenterología. Madrid, 13-15 marzo 2024.
 66. Sánchez del Pozo I, López-Tofiño Y, Chico-Cáceres A, López-Gómez L, Bagüés A, Abalo R, Vera G. Efectos del estrés prenatal en los umbrales nociceptivos y el comportamiento. Dimorfismo sexual. Congreso v.20.0 de la Sociedad Española del Dolor. León, 29-31 mayo 2024.
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 68. Nerea Pardo Costas, Blanca Silván-Ros, David Benítez Álvarez, Felipe Barragán Del Caz, Lorena Ortega Moreno, José Luis Rojo-Álvarez, Sergio Muñoz-Romero, **Raquel Abalo**. Efectos de la tormenta de citoquinas en el tránsito gastrointestinal. **ORAL**. Estudio radiográfico en un modelo animal optimizado para simular la COVID-19. 30 Reunión de Farmacólogos de Madrid, 11 junio 2024. UCM, Madrid.
 69. Alba Sanz Torres, Silvia Flaj Prados, Antonio González Ruiz, Blanca Silván Ros, **Raquel Abalo**, Sergio Muñoz Romero, Jose Luis Rojo Álvarez, Esperanza Herradón Pliego, Visitación López-Miranda González. "Caracterización del daño renal agudo y a largo plazo (secuelas) en un model preclínico que imita el efecto de la tormenta de citoquinas asociada a la Covid-19, en una situación de envejecimiento. Implicación de la vía NLRP3. Farmadrid 30, 11 junio 2024. UCM, Madrid. Comunicación oral.
 70. Antonio González, Silvia Flaj, Blanca Silván, **Raquel Abalo**, Sergio Muñoz, Jose Luis Rojo, Esperanza Herradón, Visitación López-Miranda. "Characterization of cardiovascular and renal damage, both acute and long-term (sequences), in a preclinical model that mimics the effect of the cytokine storm associated with Covid-19. DCAcademy Summer Meeting 2024. Comunicación oral
 71. Gálvez C, Pomana B, López-Tofiño Y, Lamanna-Rama N, López-Gómez L, Márquez A, Soto-Montenegro ML, Abalo R, Uranga JA. Gastrointestinal tract changes in the offspring of the maternal immune activation model: modulatory role of N-acetylcysteine. XXII CONGRESO Sociedad Española de Histología e Ingeniería Tisular, X International Congress of Histology and Tissue Engineering, X Congreso Iberoamericano de Histología. Alicante, 10-13 septiembre 2024.
 72. **Abalo R**. Coffee Components and By-Products for Brain-Gut Axis Health. International Coffee Convention 2024 (ICC2024). Mannheim, Alemania. 17-18 octubre 2024.
 73. **Abalo R**. Homenaje a Marcello Costa/*Tribute to Marcello Costa*. **INVITED TALK**. XXXII Reunión de la Asociación Española de Neurogastroenterología y Motilidad Digestiva (ASENEM). 25 y 26 octubre 2024, Barcelona.
 74. Gallego-Barceló P, Magán-Rubia MA, Chico-Cáceres A, López-Gómez L, Bagues A, **Abalo R**. Efecto de las dietas purificadas AIN93M y AIN93G en el tracto gastrointestinal de la rata: influencia del sexo y de la duración de la intervención.
 75. Gallego-Barceló, P., Magán-Rubia, M.A, Chico-Cáceres, A, Bagues, A, López-Gómez, L, Del Castillo, M.D., **Abalo, R**. Effects of IC Beverage and Purified Diets on Gastrointestinal Motility in Male and Female Rats 5th Electronic Conference on Foods—The Future of Technology, Sustainability, and Nutrition in the Food Domain, in a virtual format on 28–30 October 2024.

RESEARCH TRAINING AND MENTORING:

Supervisor of 6 doctoral theses:

- "1. Envejecimiento neuronal entérico. 2. Efecto del Δ9- THC y WIN 55,212-2 en la unión

- neuromuscular del diafragma de rata”, by Antonio José Rivera. Universidad Rey Juan Carlos. March, 2005. EUROPEAN THESIS.
- “1. Efecto del envejecimiento en la estructura y funcionalidad del plexo mientérico de íleon de cobayo. 2. Efecto de los cannabinoides en las alteraciones causadas por el tratamiento crónico con cisplatino en rata”, by Gema Vera. Universidad Rey Juan Carlos. October, 2009. EUROPEAN THESIS.
 - “Efectos centrales y periféricos de la administración crónica del agonista cannabinoidé WIN 55,212-2, y su utilización en algunas alteraciones producidas por el cisplatino en rata”, by Pablo Antonio Cabezas. Universidad Rey Juan Carlos. February, 2010.
 - “Caracterización Fluoroscópica en Rata de la Dismotilidad Colónica Asociada a Tratamiento con Analgésicos y a Neuropatía”, by Susana Díaz Ruano. Universidad Rey Juan Carlos. February, 2020.
 - “Gastrointestinal adverse effects of cancer chemotherapy. dismotility, pain and new approaches to manage them”, by Yolanda López-Tofiño Torrejón. Universidad Rey Juan Carlos. January, 2024. INTERNATIONAL MENTION, COMPENDIUM OF ARTICLES.
 - “Functional and structural alterations of the gastrointestinal tract related to schizophrenia and cannabis: study in the maternal immune activation rat model”, by Carlos Gálvez Robleño. Universidad Rey Juan Carlos. July, 2024.

Supervisor of on-going research for 5 doctoral theses (Esther Nieto, Irene Núñez, Paula Gallego, Blanca Silván, David Benítez). Supervisor of 13 End-of-Master theses and 68 End-of-Degree theses (+3 on-going).

Supervisor of students training at our laboratory: 7 students Health Sciences-URJC with collaboration scholarship (courses: 2014-15, 2015-16, 2016-17, 2018-19, and 2019-20) and 2 students of Biomedical Engineering-URJC, with collaboration scholarship and external training (courses 2021-22 and 2022-23); 1 student Arts-URJC, external training (course 2015-16); 1 student CYTA-URJC, 4 students Biology-URJC, external training (courses: 2019-20, 2021-22); 3 students Biology-UCM, external training (2015-16, 2016-17); 1 student Health Biology-UAH external training (2019-20); 4 foreign exchange Medicine students (2017-18, 2018-19); 1 student from Medical U. of Lodz (Poland), with Erasmus scholarship for Post-Degree Students (September-December 2016); 1 student from U. of Lodz (Poland), short postdoctoral training (October-November, 2019); 1 student from Akdeniz University (Turkey), with Erasmus scholarship for Post-Degree Students (September-December, 2024).

SEMINARS:

1. “Alterazioni indotte da antitumorali: effetti dei Cannabinoidi”. Dipartimento di Medicina Interna e Gastroenterologia, Policlinico S. Orsola-Malpighi, Bologna. 17th September 2007.
2. “X-rays and gastrointestinal motility: an old tool – new findings”. Department of Anatomy and Neuroscience, Melbourne University (Australia). 19th July 2013.
3. “Gastrointestinal motility through radiographic methods: an old tool – new findings” (Neurolunch) Centre for Neuroscience del Flinders Medical Centre, Adelaide (Australia). 6th September 2013.
4. “Análisis de los patrones de motilidad intestinal en rata mediante mapas espacio-temporales”. Fac. CC de la Salud, URJC. 20th November 2013.
5. “Métodos experimentales de valoración de la función gastrointestinal en la URJC y aplicación al estudio de los efectos de los antineoplásicos”. Fac. CC de la Salud, URJC, 29th May 2015.
6. “Puesta en marcha de un modelo de sepsis inducida por LPS y caracterización de sus efectos sobre el tracto gastrointestinal – Estudio MadZar”. Fac. CC de la Salud, URJC. 23rd June 2016.
7. “Métodos radiográficos para estudiar la motilidad gastrointestinal en animales de experimentación: una vieja herramienta, nuevos hallazgos”. Instituto de Investigación Sanitaria Aragón (Programa Neurociencias y Salud Mental, Seminarios científicos de la Fundación Instituto de Investigación Sanitaria Aragón). Zaragoza, 12 September 2016.
8. “Preclinical evaluation of opioid effects on gastrointestinal motility”. Dept. of Physiology, the

- University of Melbourne, Melbourne (Australia). 17th August 2017.
9. "Preclinical evaluation of opioid effects on gastrointestinal motility". Centre for Health, Research and Education, Sunshine Hospital, College of Health and Biomedicine, Victoria University, Melbourne (Australia). 18th August 2017.
 10. "X-rays, videos and maps to study gastrointestinal motility". Dept. of Human Physiology. Flinders University of South Australia. Adelaide (Australia). 15th September 2017.
 11. "Historias de modelos sobre la investigación preclínica". Jornadas Profesionales de Biología Sostenible – Grado de Biología, URJC. URJC, Campus de Móstoles, 18th March 2019.
 12. "Farm-inginería: ingenios en ayuda de la farmacología". Meetup en Ingeniería Biomédica – Grado de Ingeniería Biomédica, URJC. URJC, Campus de Fuenlabrada, 17th May 2019.
 13. "Eje intestino-cerebro en enfermedades neurodegenerativas (master-class)". Semana de la Ciencia, Tecnología e Innovación, XI Aniversario del Centro de Día Municipal La Magdalena. Centro de Día Municipal La Magdalena (Madrid), 4th June 2019.
 14. "Chemotherapy-induced enteric neuropathies and their impact on gastrointestinal motor function". Laboratory of Molecular Oncology and Innovative Therapies. Military Institute of Medicine, Warsaw (Poland), 25th February 2020.
 15. "Trastornos del eje intestino-cerebro: ¿cómo influye el sexo?". Jornada de Neurocientíficas, Campus de Alcorcón, URJC. 11th February 2022.

OTHER RELEVANT INFORMATION:

- Chair of the Organizing and Scientific Committee of the 26th Annual Meeting of Pharmacologists of Madrid, Farmadrid 26. URJC, Madrid. 29th June 2017.
- Guest of Honour at the 55th Polish and 13th International edition of "Juvenes Pro Medicina", University of Lodz, Poland. 19-20 May 2017.
- Guest Editor for the Frontiers Research Topics:
 - o "Adverse Effects of Cancer Chemotherapy: Anything New to Improve Tolerance and Reduce Sequelae?" (<http://journal.frontiersin.org/researchtopic/4540/adverse-effects-of-cancer-chemotherapy-anything-new-to-improve-tolerance-and-reduce-sequelae>)
 - o "Cancer Chemotherapy: The Challenge of Handling a Double-Edged Sword" (<https://www.frontiersin.org/research-topics/15067/cancer-therapy-the-challenge-of-handling-a-double-edged-sword>)
 - o "Herbal Medicine for the Treatment of Chronic Metabolic Diseases" (<https://www.frontiersin.org/research-topics/33487/herbal-medicine-for-the-treatment-of-chronic-metabolic-diseases>)
 - o "Women in Gastrointestinal and Hepatic Pharmacology 2022" (<https://www.frontiersin.org/research-topics/45801/women-in-gastrointestinal-and-hepatich-pharmacology-2022>)
- Special Issue Editor for the Special Issue "Coffee and Caffeine Consumption for Human Health" (Nutrients, ISSN 2072-6643; section "Phytochemicals and Human Health"; https://www.mdpi.com/journal/nutrients/special_issues/Coffee_Health)
- Cover (DOI 10.1111/nmo.1304) and editorial (DOI 10.1111/nmo.12990) by Dr Spencer (Flinders University, Adelaide, Australia), in the journal Neurogastroenterology & Motility (ISSN: 1365-2982), about our article "Gastrointestinal dysfunction and enteric neurotoxicity following treatment with anti-cancer chemotherapeutic agent 5-Fluorouracil" (McQuade R, Stojanovska V, Donald E, Abalo R, Bornstein JC, Nurgali K), issued in Neurogastroenterol Motil. 2016; 28(12):1861-1875 (doi: 10.1111/nmo.12890).
- Chair at the IV European Workshop on Cannabinoid Research, 2nd Session: Regulation of food intake and energy metabolism by cannabinoids (8th May 2009; El Escorial).
- Chair at the "Enteropathies" Session (28-3-2020, 8.30-10.30). 4th Meeting of the Federation of Neurogastroenterology and Motility (FNM 2020). Adelaide, Australia (25-28 March 2020; *postponed to 2021 due to COVID-19*).
- External evaluator: Biotechnology and Biological Sciences Research (UK, 2003); Agencia Nacional de Promoción Científica y Tecnológica (ANPCyT) y el Fondo para la Investigación

Científica y Tecnológica (FONCyT), Plan Argentina Innovadora 2020 (2017, 2019); National Science Centre (Poland, 2018, 2019, 2020); Medical Research Council (UK, 2019); Natural Sciences and Engineering Research Council of Canada (NSERC, 2020); Agencia Estatal de Investigación (Spain, 2022); Independent Research Fund Denmark (Danish Agency for Science and Higher Education, 2023); Research Foundation Flanders (FWO, European Science Foundation, 2023); SciPinion (USA).

- Jury of the doctoral thesis defended by Fatima Marques Ramalhosa, entitled "The impact of dexamethasone on the enteric nervous system", supervised by Dr. Franky Carvalho. Braga (Portugal), 5th April, 2017.
- Referee of the following journals: Neurogastroenterology and Motility (2005-); Neuroscience Letters (2006-); Brain Research (2006-); Life Sciences (2007-); British Journal of Pharmacology (2007); Canadian Journal of Physiology and Pharmacology (2007-); American Journal of Physiology (Regulatory, Integrative and Comparative Physiology; Renal Physiology) (2009-); Journal of Pharmacological and Toxicological Methods (2010-); Autonomic Neuroscience: Basic and Clinical (2010-); Food and Chemical Toxicology (2011-); African Journal of Pharmacy and Pharmacology (2012-); World Journal of Gastrointestinal Pharmacology and Therapeutics (2012-); World Journal of Gastroenterology (2012-); BMC Gastroenterology (2012-); Clinical Neuroanatomy (2013-); Fundamental and Clinical Pharmacology (2012-); Pharmacological Reports (2013-); Journal of Pharmacological and Experimental Therapeutics (2013-); Phytotherapy Research (2013-); Gut (2014-); World Journal of Radiology (2014); Experimental Brain Research (2014); Naunyn-Schimiedeberg's Archives of Pharmacology (2014-); Current Medicinal Chemistry (2015-); Behavioral Pharmacology (2015-); Archives of Medical Research (2015-); Chemical Biology and Drug Design (2016); Frontiers (several sections) (2016-); Neuropeptides (2016-); Journal of Clinical Gastrointestinal Treatment (2016-); Current Drug Targets (2016-); Journal of Neurogastroenterology and Motility (2016-); World Journal of Surgical Oncology (2017-); European Journal of Pharmacology (2017-); Journal of Histochemistry and Cytochemistry (2017-); Pharmacological Research (2018-); Biochemical Pharmacology (2018-); Future Medicinal Chemistry (2018-); Future Oncology (2018-); Peptides (2018-); Future Oncology (2018-); Supportive Care in Cancer (2018-); European Journal of Nutrition (2018-); Drug Discovery Today (2019-); International Journal of Colorectal Disease (2018-); Nutrients (2019-); Acta Biochimica Polonica (2019-); Critical Reviews in Oncology/Hematology (2020-); Nature (2022-).
- Editorial board member of Frontiers in Gastrointestinal Pharmacology (April 2011-).
- Editorial board member of Neurogastroenterology and Motility (May 2018-).
- Member of the following scientific associations: Sociedad Española de Farmacología (SEF), Grupo Español de Motilidad Digestiva (GEMD), Sociedad Española de Neurociencia (SENC), Sociedad Española de Investigación en Cannabinoides (SEIC), European Society of Neurogastroenterology and Motility (ESNM), Sociedad Española del Dolor (SED).
- 1996, Second National Award for Graduates in Biological Sciences in 1995.